



Chores for Helpful Visitors

Thanks for coming to visit us and our new baby! Here are some ideas for how you can help us during this wonderful, crazy time:

Help Around the House

- Do laundry - clothes into washer and/or dryer, fold, put away
- Do dishes and wipe counters & stove
- Sweep/vacuum floors
- Tidy up living spaces
- Water plants/garden
- Clean out fridge of spoiled/rotten food
- Empty trash cans, take garbage out
- Clean bathroom(s)
- Pick up mail/packages
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Help Keep Our Bellies Full

- As us what we'd like for breakfast & lunch this week, pick up supplies
- Pick up groceries for us
- Order or pick-up take out for any meal: breakfast, coffee, lunch, dinner, treats
- Prep a freezer meal
- Bring over dinner this week: let us know on the calendar below

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY

Other Ways to Help

